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Mind, Body, And Nutrition By Linda H. Hamilton**

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The Dancer's Way: The New York City Ballet Guide to Mind, Dec 23, 2008. by Linda H. Hamilton and New York City Ballet. The book New York City Ballet Workout

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Hamilton, Linda H., Sally S. (1996) Dance Kinesiology, New York Included in the book are pictures and exercises to help strengthen and improve the dancer s

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The New York City Ballet Guide to Mind, Body, and Nutrition. Linda H. Hamilton, Ph.D., and New York City Ballet. St. Martin's Griffin

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